

POLE ART PORTUGAL

International Pole Dance Competition

IPAF MANZ

REGULATIONS

THE EVENT

- The POLE ART PORTUGAL COMPETITION will take place on **November 16, 2019**.
- Venue will be **EUROPARQUE in Santa Maria da Feira**, Portugal;
- The competition is part of a major event – **PORTUGALFIT – Manz**.

PARTICIPANTS/ATHLETES/ARTISTS

- The Organization invites athletes from all over the World to participate: all genres, all ages, all styles of pole, and all nationalities;
- Competition is open to all studios, dance schools, organizations' representatives and independent athletes;
- Participants should have a valid ID document (passport, resident's card, ID card, etc);
- Participants are responsible for their own health and accident insurance, it must cover the participation in the competition;
- Participants have to apply to participate and follow the rules;
- Participants under 18 years old have to be accompanied by a responsible adult;
- After acceptance, all athletes must submit proof of personal insurance that covers their participation in the competition and sign a statement of personal responsibility for practicing physical activity, assuming that they participate in the competition at their own risk.

LEVEL

- The competition has two levels: amateurs and professionals. The following criteria serve as guiding but are not exclusive or mandatory. Judges can suggest and artist to change level.

Amateurs:

- Pole dancing from 1 – 3 year;
- No professional experience (competition or artistic);
- No competition participation or have participated at the maximum in 3 amateur competitions;
- Have never won an amateur or semi-professional competition;
- Must not be an instructor;
- Performs no deadlifts or flips.

- All ages, genres;
- Individuals, doubles, triples or groups.

Professionals:

- Pole dancing for more than 3 years;
- Have participated in pole dance competitions, more than 3 pole dance competitions in amateur category, or any participation in semi-pro or pro categories;
- Have won an amateur category before;
- Can be an advance student, an instructor, an athlete, an artist;
- Are professional performers.
- All ages, genres;
- Individuals, doubles, triples or groups.

CATEGORIES

- The competition has the following categories:
 - Art
 - Exotic

WINNERS

- The competition has the following winner places:
AMATEUR
 - Art
 - Exotic

PROFESSIONAL

- Art
- Exotic

STAGE

- All performances will have two poles available. The spinning pole is the one at the right side and the static is the one at the left side, from the perspective of the audience;
- The poles will be around 4 meters height and are separated by approximately 3 meters;
- The poles will be 45mm diameter;
- Poles brand is X-Pole and material is Chrome.

APPLICATION

- To apply for the competition, you will need to:
 - Complete and submit the **application form** (for all athletes);
 - Send a **video link** of you performing for quality assessment, up to 4 minutes, no multimedia edit allowed (it must be possible to observe the artist performing for at least 2 minutes unbroken), the link should be public and easily accessible during the evaluation period;

- Applications are open from mid-July until **September 8, 2018**.
- Participation fee will be charged only to those that are chosen to participate in the competition (25 euros), video entry assessment will not be charged;
- No reimbursements will be made for those that change their idea after acceptance and payment.

SELECTION

- Selection is made only by video entry;
- All entries are subject to review and acceptance;
- Feedback on evaluation and acceptance of participation will be given until October 5;
- Evaluation criteria for videos will be:
 - Technical level (1-5pontos): pole dance technical movements
 - Artistic level (1-5pontos): dance, fluidity, connections, transitions.
 - Strength (1-5pontos): Strength of the presented technical movements.
 - Flexibility (1-5pontos): level of flexibility of the presented movements
 - Execution (1-5pontos): correct execution, clean body lines, knees, feet, elbows stretched, posture, body placement and alignment.

PERFORMANCES

- The competition accepts individual, double or group performances;
- Each athlete is responsible for his/her performance and must provide all the information required by the Organization in order to enroll;
- Each individual performance has a minimum of 3 minutes and maximum of 3.30 minutes duration (no extra minutes will be allowed, penalties will be applied if so);
- Performances should use both poles on stage.

COSTUMES AND ACCESSORIES

- Each artist is responsible for his/her costume;
- All costumes should be of sport nature, covering intimate body parts and should respect choreography character. Any kind of nudity, use of erotic objects, small size pieces of clothing, necklines that may expose intimate parts, thong, lingerie, bikinis, triquis, transparent clothing and / or others is not allowed;
- Tops should cover the chest and must be well secured;
- Shorts and bottoms should adequately cover the private parts and be of an artistic and/ or athletic nature, such as sports shorts or gymnastic leotards;
- Grip cloves, knee brace grip, ankle brace grip, etc that tack are not allowed. Clothes that provide some sort of extra grip as latex, rubber, skin, PVC or others, are not allowed. Participants should use the body to have grip on the pole;
- It is allowed to use dry hands products and itac products on the body;
- The use of grip directly on pole is not allowed. Any type of glue or extra strong grips as Gorilla Grip, Stickum, Rosin, grips spray is not allowed;
- Body painting, hats and other accessories are allowed as long they respect all above rules and do not damage the pole or the stage;
- It is not allowed to wear jewelries or any type of body piercings that may damage the pole or the stage. Using so will result in penalties;
- The placement of logos on clothing or footwear is not permitted;

- The use of any specific and not common accessories, props, sets should be reported to the Organisation before the competition, and it will be allowed only if the spaces physically permitted and it can be set up and removed promptly;
- Costumes malfunctioning are deducted.

PHOTOGRAPHY AND FILMING

- By participating in the event, all competitors agree to be filmed and photographed throughout the competition;
- By participating in the event, competitors agree that all photography and footage can be used by the Organisation for promotional, advertising and commercial purposes;
- The Organisation and the photographer himself have the rights over the films and photography. All photography and footage are property of the Organisation.

JUDGING

- Four areas will be analysed by the judges: Technical presentation, Technical execution, Choreo & Arty, Performance, Penalties.
- Judges must not have any business affiliation or particular interest with competitors and should be neutral to all competitors. Judges must follow a sense of integrity and act impartially and with accuracy.
- Judges must act impartially, honestly, objectively, fairly.
- Judges should apply the rules and regulations honestly and equally to all competitors.
- Judges must be free of any conflicts, treat everyone with dignity, safeguard the interests of the competitors and act accordingly to the standards of ethical code of conduct
- Judges must cooperate with the Organisation, under any situation, and refrain from discussing any part of the judging process, during and even after the competition.
- Feedback will be giving to the competitors, in case they ask, and only the head judge will be allowed to do so. Score sheets will also be available to the competitors, after the competition, in case they ask, however athletes will need to respect Organisation's schedule, time and availability to do so;
- In case of a complain about the evaluation, if the athlete does not agree with his/her scores, he/she can ask for revision. They have two athlete's performance time, around 8 minutes, to do the claim directly to the head judge. When the third athlete, after the one that wants to claim, is called on stage, complain about evaluation scores is not allowed anymore and judges' decision is final;
- In case of a tie, the competitor with the higher Technical presentation scores will be awarded the higher placement, if tied, higher scores in Technical execution and, if still tied, higher scores in Choreo & Arty;
- Judges must wear formal clothes and be presentable all times.
- Judges will disqualify any athlete in case of falling to appear on time for competition or for awards ceremony (unless previously warned and accepted by the Organisation), disrespectful behavior, unacceptable content in choreography regarding sex, race, religion, politics etc ; removing intimate clothing;
- Judges decision is final.

SCORING SYSTEM

- Scoring system consists of:

Technical Presentation (10 points)	Definition: Evaluates the level of difficulty of technical Pole Dance tricks and movements. It does not evaluate execution. Tricks that required higher levels of strength, flexibility or dynamic have higher scores.	
		• Strength
		• Flexibility
		• Dynamic
		• Spins
		• Climbs

Technical Execution (10 points)	Evaluates how well technical tricks, movement and transitions are executed. Execution should be smooth, graceful, present clear lines (knee, toes, extension, posture, body placement). Figures should be hold and seem effortless.	
		• Clear execution
		• Clear transitions
		• Body extension
		• Tough and strong body
		• Fixing tricks (2 secs)

Choreo (12 points)	Evaluates the choreography and artistry of the performance, the movement, musicality and flow.	
		• Originality of the performance
		• Interpretation of music
		• Interpretation of a theme/ topic/ story/character
		• Stage confidence
		• Effective use of stage
		• Choreography/ movement

Performance (16 points) (each person is only evaluated in one category)	ART	• Dance
		• Flow/fluidity
		• Musicality
		• Emotional connection to audience
	SPORT	• Aerobic endurance
		• Acrobatic performance/ athleticism
• Flexibility		

		<ul style="list-style-type: none"> • Strength/ Dynamic
	EXOTIC	<ul style="list-style-type: none"> • Body waves
		<ul style="list-style-type: none"> • Leg rolls and waves
		<ul style="list-style-type: none"> • Fluidity
		<ul style="list-style-type: none"> • Sexiness/ sensuality

Penalties/ Deductions	<ul style="list-style-type: none"> • Bad angle of move (-0.5)
	<ul style="list-style-type: none"> • Slip/ loss of balance (-0.5)
	<ul style="list-style-type: none"> • Poor execution (knee and toe alignment, clear lines, extension of legs, arms, posture) (-0.2)
	<ul style="list-style-type: none"> • Poor transitions (connection between moves with no hesitation, no re-grips, rebalancing) (-0.2)
	<ul style="list-style-type: none"> • Lack of uniformity or synchronicity (doubles or groups) (-0.5)
	<ul style="list-style-type: none"> • Not using both poles (-0.5)
	<ul style="list-style-type: none"> • Drying hands (-0.5)
	<ul style="list-style-type: none"> • Costume malfunctioning (plus wear earrings, piercings, hair over the face continuously) (-0.5)
	<ul style="list-style-type: none"> • Guttural vocals/ singing during the performance (-0.5)
	<ul style="list-style-type: none"> • No logical beginning or ending/ ending or starting without the music with no logic (-1)
	<ul style="list-style-type: none"> • Music longer than allowed (-1)
	<ul style="list-style-type: none"> • Fall (Flip outs and jump outs ending with both hands or any other body parts on the floor will be considered falls, reception on the floor should steady, firm and safe)(-2)
	<ul style="list-style-type: none"> • Amateurs performing deadlifts or flips (-2)

IMPORTANT DEADLINES

	Prazo/Deadline	Documentos/ documents
Inscrição/ application	08/09/2019	<ul style="list-style-type: none"> ➤ Preencher formulário de inscrição online e enviar link de vídeo ➤ Fill out application form online and add video link for assessment

Notificação de aceitação/ Acceptance notification	22/09/2019	<ul style="list-style-type: none"> ➤ Recebe um email com confrmação dos nomes selecionados para a competição ➤ You will receive an e-mail with the names selected for the competition
Pagamento de taxa/ Paiment	30/09/2019	<ul style="list-style-type: none"> ➤ Pagamento da taxa por transferência bancária com IBAN ➤ Payment by bank transfer with IBAN
Informação da performance e música/ Performance description and music	31/10/2019	<ul style="list-style-type: none"> ➤ Pequena descrição da performance e música (MP3) ➤ Small description of your performance Music (MP3 Format)
Check-in	15 or 16/11/2019	<ul style="list-style-type: none"> ➤ Entregar prova de seguro de acidentes pessoais; assinar declaração de responsabilidade pela prática de exercício; assinar declaração de cedência de direitos de imagem ➤ Bring personal injury insurance, sign personal responsibility for your participation and declaration of consent (image rights)
Ensaio/Rehearsal	16/11/2019 (7am-10.30am)	<ul style="list-style-type: none"> ➤ Trazer uma cópia da música ➤ Bring a copy of your music
Competition	16/11/2019	

PARTICIPATION FEE

- Only selected athletes to participate in the competition are expected to pay the fee after notification of acceptance;
- Information will be given for that effect.

COMPETITORS RIGHTS AND RESPONSABILITIES

- Read and agree with the rules;
- Respect schedules, organization, alignment, etc;
- Be present at the rehearsal;
- Provide all required information and not bear false witness;
- Minors should be accompanied by a parent/ responsible adult;
- Should wait to be called on stage;
- Are fully responsible for their health and for their performance. Should avoid performing tricks or movements that could lead to injuries or that are not safe;
- All competitors should carry health insurance and sign responsibility for their participation in the competition. They are responsible for their personal health condition and ability to perform in the competition, participating at their own risk;
- All expenses incurred by the artists are their own responsibility.

ORGANIZATION RIGHTS AND RESPONSABILITIES

- Inform all participants about the rules and any changes made;
- Receive and escort all competitors. Answer all their questions;
- Provide competitors with space to change, prepare and warm up properly to their performance;
- Check the facilities and poles;
- Organise a rehearsal;
- Give everyone a change to try the poles and the stage before the show.

The Organization reserves the right to make any changes to the event, dates, times, rules, etc. The Organization has the right to select the competitors to participate, with the primary aim to ensure quality and safety, as well as respect for the central objectives of the event. The organization has the right to use all images collected during the show. The act of applying for the competition and participate means the total acceptance of the rules herein.

POLE ART PORTUGAL ORG

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